

JCTR BASIC NEEDS BASKET

Chinsali

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|----------------------|------------------------|-------------------|---------------------|
| Mealie Meal (Roller) | 108.75 25 kg bag | 2 x 25Kg | 217.50 |
| Rice | 149.18 5kg | 4kg | 119.34 |
| Cassava Flour | 21.23 1kg | 6kg | 127.40 |
| (Sweet) Potatoes | 25.20 1 Kg | 4 Kg | 100.82 |
| Beans | 24.10 1kg | 3kg | 72.31 |
| Pounded Groundnut | 34.99 1kg | 1kg | 34.99 |
| Soya Pieces | 23.06 1 kg | 2kg | 46.12 |
| Beef | 40.00 1kg | 2kg | 80.00 |
| Chicken | 50.00 2kg | 5kg | 125.00 |
| Kapenta | 118.81 1kg | 1kg | 118.81 |
| Eggs | 15.00 1 unit (10 eggs) | 3 Trays (90 eggs) | 135.00 |
| Milk (Fresh) | 8.00 500 ml | 10 liters | 160.00 |
| Vegetables | 280.04 40 Kg | 40kg | 280.04 |
| Onion | 8.43 1 Kg | 4 Kg | 33.74 |
| Tomatoes | 5.93 1 kg | 6 kg | 35.57 |
| Banana | 11.52 1 Kg | 16 Kg | 184.39 |
| Other Fruits | 20.41 1 kg | 14 Kg | 285.74 |
| Cooking oil (2.5lts) | 55.00 2.5lt | 3.6lt | 79.20 |
| Salt | 6.00 1 Kg | 1 Kg | 6.00 |
| Subtotal | | | ZMW 2,241.98 |

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|-------------------------------------|--------------------|------------------|---------------------|
| Charcoal | 90.00 90kg bag(s) | 2 90kg bag(s) | 180.00 |
| Soap (Lifebuoy/Champion) | 8.00 Tablet(s) | 3 Tablet(s) | 24.00 |
| Wash soap (BOOM) | 16.50 400g | 4 400g | 66.00 |
| Jelly (Vaseline) | 15.25 500ml | 1 500ml | 15.25 |
| Electricity (medium density) | 100.00 Month(s) | 1 Month(s) | 100.00 |
| Water & Sanitation (med - fixed) | 184.00 Month(s) | 1 Month(s) | 184.00 |
| Housing (3 bedroom) | 1,750.00 Month(s) | 1 Month(s) | 1,750.00 |
| Sanitary towels | 12.00 Pack of 10 | 2 Pack of 10 | 24.00 |
| Toilet Paper (2ply) | 6.00 Tissue(s) | 6 Tissue(s) | 36.00 |
| Subtotal | | | ZMW 2,379.25 |
| Total for Basic Needs Basket | | | ZMW 4,621.23 |

(C) SOME OTHER ADDITIONAL COSTS

| Education | | Transport (bus fare round trip) | |
|-------------------------------|--------------|---------------------------------|--------------|
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Grades 1-7 (User + PTA/year) | 50.00 | Petrol (per litre) | 15.98 |
| Grades 8-9 (User + PTA/year) | 250.00 | Diesel (per litre) | 14.23 |
| Grades 10-12 (User+ PTA/year) | 420.00 | Paraffin (per litre) | 13.02 |
| School Uniform (Grades 1-7) | 150.00 | | |
| School Uniform (Grades 8-9) | 270.00 | | |
| Health | | Fuel (cost at the pump) | |
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Malaria test | 20.00 | | |

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali | Mazabuka |
|--------|--------|-------|-------|-------|---------|-------|---------|-------|----------|-------|-------|-------------|-------|----------|----------|
| 6,327 | 4,044 | 3,929 | 3,959 | 6,208 | 5,570 | 4,721 | 5,302 | 3,927 | 4,970 | 4,457 | 5,871 | 5,317 | 4,418 | 4,621.23 | 4,565 |

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 26th September, 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Kabuta, Kalukungu market, new market and old market around Chinsali. The September Basic Needs Basket is approximately US\$355 based upon the exchange rate of K13 prevailing on the days of data collection. Please note that other monthly costs would personal care, clothing, recreation, etc.

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